

TCM Tuina Massage Therapy Program

Mission

The mission of the University of East-West Medicine's TCM Tuina Massage Therapy Program is to provide quality training in TCM Tuina Massage systems to enable graduates to embark on a career that applies alternative healing bodywork methods to improve the health and wellbeing of clients. The UEWM's TCM Tuina Massage Therapy Program will allow graduates to exhibit effective and caring skills in the application of professional therapeutic massage and bodywork.

Students will be prepared for a career as alternative healthcare providers in the community through the acquiring of the various vocational bodywork skills taught in the classes within this program. Graduates will demonstrate appropriate assessment and evaluation to clients to provide the most appropriate bodywork treatments for each individual. Students will also utilize proper self-care, ethically manage their clients, and effectively manage their practice as a successful business.

This program will provide the academic environment and practicum necessary for faculty, students and graduates to excel in their respective fields. The TCM Tuina Massage Program will also provide low-cost bodywork health care to the public through the UEWM Massage Clinic. *NOTE: This program is in the process of being modified to meet new State requirements – The CAMTC School Approval Code will be placed here.*

Educational Objectives

Note: The Tuina program is undergoing a major revision during 2018 to conform to new State requirements. To verify all information regarding the program, please contact the Tuina Coordinator or Registrar at 408-733-1878, ext. 138.

The University of East-West Medicine's TCM Tuina Massage Therapy Program will provide its graduates with the knowledge and abilities required:

1. To provide competent and professional health care while utilizing the bodywork treatment modalities which fall within the scope of practice for licensure of Massage Therapists throughout California and many other states.
2. To determine and formulate proper treatment strategies for each client.
3. To provide clients quality care given with respect, compassion, dignity and the highest standards of professional ethics, conduct, and confidentiality at all times.
4. To communicate effectively with clients and the public in order to better serve the healthcare consumers with quality health care services.
5. To gain basic business skills necessary to operate a professional and profitable business.

Program Overview & Goals

UEWM's TCM Tuina Massage Therapy (TMT) Program will prepare aspiring students to embark on a fulfilling career in TCM Tuina Massage or Therapeutic Massage. Employment opportunities include working in hospitals or medical clinics; working closely with Licensed Acupuncturists (L.Ac.s), Physical Therapists (PTs), or Chiropractors (DCs); or opening a private practice.

Graduates of the TMT Program meet many out-of-state, state and city licensing requirements that will allow employment in resorts, spas, cruise ships and may also be qualified to join or become nationally certified with major professional bodywork associations to allow many student/professional benefits, including referrals and listings. Some states, and California cities, may even require body-workers to hold certification from national organizations necessary for state registration.

The goals and objectives of the UEWM TMT Program are to provide quality training in TCM Tuina Massage Therapy systems and enable graduates to embark on a career that applies alternative healing bodywork methods to improve the health and well-being of clients.

The purpose and the long-term plans of this program are to provide the communities with competent and qualified massage therapists. The community requires healthcare workers who can provide a convenient alternative healthcare service that is both affordable and readily available.

TMT classes may be taken as Continuing Education Units (CEUs) by Certified Massage Therapists (CMTs), RNs, Laces, DCs, and PTs to enhance their existing practice or by students wishing to enter specialty classes to begin their career in massage. Classes are also offered as a-vocational and vocational Adult Education for community interest.

Upon graduation, students will be trained as massage therapists and alternative healthcare practitioners, possessing the competencies and skills needed to assess and provide clients with the most appropriate bodywork treatment for each session. Students will also have a sound mastery of basic anatomy, physiology, and ethics relating to the practice of the profession.

Depending upon city requirements, students may be eligible to apply for a permit or business license for the municipality or county in which they choose to do business.

Licensing Requirements

Beginning on January 1, 2015 the minimum requirement for anyone entering the massage therapy profession must show proof of at least 500 hours of training from an approved program. UEWM is in the process of developing an approved program, therefore this program is on hold waiting for our submission of an application to the Massage Therapy Board.

Starting Sept. 1st, 2009, massage therapists must submit their training certificates or transcripts to the California Massage Therapy Council (CAMTC) to receive a State License in order to apply for a city business license. Please see <http://www.camtc.org/> for more information.

Right to Deny Admission

UEWM TMT program reserves the right to deny admission to:

- A person who has been convicted of a felony
- A person who has a physical or mental limitation deemed unsafe for the therapist or the client

Program Graduation Requirements

TCM Tui Na Massage program students will be responsible for satisfying all graduation requirements that are in effect at the time of their admission to UEWM's TCM Tuina Massage Therapy Program. You must possess a US high school diploma or equivalent.

Certificates are awarded with the completion of each class, with a TCM Tuina Massage Therapy Professional Certificate granted for completion of 600 hours. Students pursuing the TCM Tuina Massage Therapy Professional Certificate must complete the program within 1.5 years. The TCM Tuina Massage Therapy Professional Certificate of 600 hours is the only program that qualifies for the CAMTC certification.

To graduate from this program, students must:

- Complete all required classes, clinic practice, and coursework with a passing grade
- Pass all written/practical examinations
- Clear all financial obligations
- Return all UEWM Library loan materials
- File a written Notice of Candidacy for Graduation

Hygiene, Dress and Attire Policy

In order to prepare students for a career in Massage Therapy, students enrolled in the Massage Therapy programs are expected to maintain high standards of personal hygiene and cleanliness, both in the classroom and when working with clients.

All students will observe the following requirements for attire and grooming when in class. The overall aim is for students to develop their professional image from the first day of class. Students not adhering to the University's Hygiene, Dress and Attire policy will be dismissed from class for the day and will be required to make-up missed hours.

- Students are required to dress cleanly and neatly. Students represent their chosen profession, the University, and their level of regard for their clients through their clothing. They must wear proper uniform as required. Sneakers, tennis shoes, open-toed shoes, faded blue jeans, T-shirts, sandals, or heavy work boots are not acceptable. No barefoot or wearing only stockings are allowed
- Uniform must be clean and well-pressed at all times. The uniform and socks should not have come to contact with any animals/pets since washing. The uniform consists of a pair of black plain yoga pants, top shirt and black soft sole shoes with comfort designed for long standing and exercise.
- Hair should be clean. Shoulder length hair should be tied back in order to prevent interference when treating a client. Hair should be clean and neatly groomed.
- Men should be either clean-shaven or have trimmed beard and/or moustache.
- Bathe or take shower before coming to class or clinic. Perfume or cologne should not be worn.
- Hand grooming is must and short clean fingernails must be maintained at all time. All cuts, if any, must be covered with appropriate barrier, e.g. Band-Aid, finger cot, etc.
- Conscientious oral hygiene should be utilized to prevent objectionable mouth odors.
- No jewelry on fingers and arms and necklace with pendent hanging over the uniform top shirt are allowed
- If you or the client (including student client) are ill and if any concern exists that the condition might be contagious, you should defer or reschedule the client until the condition changes

- Interns should wear University name badge when greeting the client prior to beginning the treatment session and seeing the client off after session is completed. Students not wearing a name badge or who are otherwise inappropriately dressed will be asked to leave until such time as they can return appropriately dressed. If they are interns, their clients will be reassigned.
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Compliance with OSHA Regulations

All students shall comply with all the rules, regulations, and procedures established by OSHA for the safety of colleagues, clients, interns, employees, and visitors, if any. OSHA rules, regulations, and procedures include, but not limited to the following:

- Compliance with the University dress code: clean lab coat and closed toe shoes (no clogs)
- Compliance with OSHA procedures for Safety issues with Special Techniques, the use of disinfectants and proper hand-washing.
- Compliance with OSHA procedures for the disposal of infectious material
- Compliance with OSHA procedures for the disposal of used cotton balls in trash receptacles or Bio- Hazard bags.

Draping Policy

Draping is crucial in maintaining the privacy and sense of security of a client (or your partner, while in class training). It also provides warmth to the client. Respect for the client's personal privacy and boundaries fosters an environment in which the client's welfare is safeguarded.

Students must strictly follow the University's draping policy as outlined below:

- All draping material must have been freshly laundered using bleach or other approved solution. If disposable linen is used, the linen must be fresh for each client
- Only the area being massaged is undraped
- The genital area is never undraped.
- The breast area of women is not undraped during routine wellness massage. Specific medical massage under the supervision of a licensed medical professional may require special draping procedures for the breast area in women. However, these methods are out of the scope of practice for the wellness massage practitioner.
- Draping should keep the client covered in all positions, including the seated position
- When the client uses a dressing area away from the massage table, make sure you provide a robe, top sheet, or wrap large enough for the client to cover her/his body for her/him to walk to the massage area or from the massage table to the dressing area.

Certificate

600-Hour TCM Tuina Massage Therapy Professional

The 600-Hour TCM Tuina Massage Therapy Professional Certificate requires an additional 350 hours of training beyond the 250-Hour TCM Tuina Massage Training Certificate. This Certificate fulfills all local and state requirements and currently meets requirements of most national and professional associations as well as current requirements in over 30 states. This program increases practitioners' proficiency, allowing custom services to clients, and may allow graduates to teach in massage schools and college massage programs.

Program Requirements

600-Hours TCM Tuina Massage Therapy Professional (TCM-TMTP Certificate) This is the program for the CAMTC certificate.

LECTURE COURSES:	Hours:
1. Anatomy & Physiology -	124 hours
2. Contraindications -	20 hours
3. Health & Hygiene -	20 hours
4. Business & Ethics -	36 hours
TOTAL LECTURE HOURS:	200 Hours

LAB COURSE:

5. Basic Tuina Massage -	60 hours
6. Therapeutic Tuina Massage I -	60 hours
7. Therapeutic Tuina Massage II -	60 hours
8. Acupressure I for Tuina Massage -	65 hours

9. Acupressure II for Tuina Massage -	65 hours
10. TCM Tuina Foundations and Meridians I -	45 hours
11. TCM Tuina Foundations and Meridians II -	45 hours
TOTAL LAB HOURS:	400 Hours
TOTAL TCM-TMTP CERTIFICATE:	600 Hours

Course Descriptions

Core TMTP Courses

AB10 Acupressure I For Tuina Massage (65 hours)

This lab course introduces students to acupressure as it applies to tuina massage. This is the first in a two part series of courses teaching the location of acupressure points of the Du & Ren meridians, and the twelve Zang Fu meridians. This course teaches the therapeutic functions of the major meridian points throughout the body and how to apply them. Prerequisites: None

AB12 Acupressure II For Tuina Massage (65 hours)

This lab course introduces students to acupressure as it applies to tuina massage. This is the second in a two part series of courses teaching the location of acupressure points of the Du & Ren meridians, and the twelve Zang Fu meridians. This course teaches the therapeutic functions of the major meridian points throughout the body and how to apply them. Prerequisites: None

AB17 Contraindications (20 hours)

This course introduces the students to the safety issues related to the massage industry: indications and contraindications for bodywork, and movement therapies; safety with thermal applications; work with special populations (such as elderly or clients with chronic diseases.) This is done to protect the health and safety of the clients as well as the massage therapist. Prerequisites: None

AB18 Anatomy & Physiology (124 hours)

In this course you will study the anatomy and physiology of the human body, emphasizing the relationship of the body and its systems as applied to bodywork. Students will locate and identify body systems, organs, glands, major muscles and bones, muscle origins and insertions, anatomical landmarks, basic functions, and interrelationships. Prerequisites: None

AB20 Health & Hygiene (20 Hours)

This course will train student to understand hygienic standards. Students will also discuss basic elements of nutrition and the digestive system, including an overview of food components, and the impact on and prevention of disease through nutrition. Students will be introduced to the concepts of hygiene and social and behavioral factors in health, environmental issues in health, medical care and public health. Prerequisite: None.

AB36 Business & Ethics (36 hours)

This course provides students with an understanding of the ethics, laws, and regulations governing massage practice in California, making them aware of the professional responsibility associated with treating patients. This class will cover important ethical issues and basic business bookkeeping and management practices such as licensing, insurance, advertising, taxes, professional associations, and fees you should charge. Students will explore how to start and manage their business practice according to local laws and ordinances. Prerequisites: None

AB62 TCM Tuina Foundations and Meridians I (45 hours)

In this lab course, students will learn the application of tuina massage according to TCM principles. This is the first in a two part course teaching the basics of Yin/Yang and 5 elements theory, as well as the meridians' locations and the functions of the organ systems according to TCM understanding. Prerequisites: None

AB64 TCM Tuina Foundations and Meridians II (45 hours)

In this lab course, students will learn the application of tuina massage according to TCM principles. This is the second in a two part course teaching the basics of Yin/Yang and 5 elements theory, as well as the meridians' locations and the functions of the organ systems according to TCM understanding. Prerequisites: None

AB74 Basic Tuina Massage (60 hours)

In this lab course students will learn the history of tuina massage and be introduced to the practice of tuina massage techniques and how to apply them throughout the body. This course covers the basic concepts and mechanism of tuina massage, its treatment principles, treatment methods, indications and contraindications. Prerequisites: None

AB76 Therapeutic Tuina Massage I (60 hours)

In this lab course, students will learn how to identify a variety of internal disorders seen in the clinic and how to treat them with tuina massage. Prerequisites: None

AB78 Therapeutic Tuina Massage II (60 hours)

In this lab course, students will learn how to identify some of the most common musculoskeletal conditions and how to treat them with tuina massage. Prerequisites: None

TCM Tuina Massage Therapy Electives

AB38 Pathology (40 hours)

This course covers the following topics: general pathology, psychopathology, and pathophysiology. The objective of this course is to provide students with a better understanding of the pathogenesis of clinical diseases. After completing this course, students will understand the etiologies, pathological changes, clinical manifestations, and outcomes of diseases. Prerequisites: None

AB48 Jin Shin Acupressure (100 hours)

Developed in the early 1970s, Jin Shin Acupressure is a unique synthesis of traditional Japanese Acupressure, classic Chinese acupressure theory, Taoist philosophy and Qigong. Based on Strange Flow Meridians, it uses a unique 45-point system and exact angle of gentle point stimulation. Students will learn how to combine points to help release tense areas and address many common physical and emotional problems. Prerequisite: None

AB50 Oil Shiatsu (100 hours)

Students will address Acupressure points and meridians during a full body oil massage while maintaining good body mechanics to increase effectiveness and decrease practitioner fatigue. Hygiene, some Swedish Massage techniques and proper draping for client comfort is also taught. Prerequisites: Anatomy, Physiology and Kinesiology I, Shiatsu I, TCM Theory & Application I, or CMT

AB58 Shiatsu I (100 hours)

Shiatsu, or “finger pressure”, is a form of Acupressure used in Japan for more than 1,000 years. In this course, students will use various rhythms and degrees of pressure to balance the Qi, release tension, and strengthen weak areas to allow for better circulation and improved organ function. This modality is done over clothes on a padded mat. (This class is a prerequisite to Shiatsu II). Prerequisites: None

AB60 Shiatsu II (100 hours)

In this class, students will experience and practice more advanced Shiatsu techniques, including more stretching, rocking, Barefoot Shiatsu, Table Shiatsu, and how to diagnose, prevent, and relieve many health conditions. Prerequisites: Shiatsu I, Anatomy, Physiology and Kinesiology I, TCM Theory & Application I, or CMT

AB62 TCM Tuina Foundations and Meridians I (45 hours)

In this important Program Requirement course, students will use client assessment and application of TCM theories: The Principles of Yin and Yang, Meridian Theory; Qi-Blood-Fluids, the 5 Elements, and the 8 Principles. Understanding TCM Theory is the foundation for all TCM Tuina Massage. Prerequisites: None

AB64 TCM Tuina Foundations and Meridians II (45 hours)

In this class, students will learn Traditional Chinese Medicine Theory, along with the knowledge of the pathogenesis and abnormal function of Qi, blood, body fluids and organs. Students will also be introduced to the preventive measures and treatment principles of diseases. Prerequisites: TCM Theory & Application I

AB68 Thai Massage I (100 hours)

Performed over clothing on a padded mat, Thai Massage is an interactive manipulation of the body using passive stretching and gentle pressure along the Sen Lines (energy meridians). Dating back to the time of Buddha, Thai resembles a mixture of Shiatsu, Acupressure, and Yoga. Practitioners apply pressure with their thumbs, hands, and feet to stimulate the movement of qi as the client is moved and stretched in Yoga-like poses to free tension. Relaxing and stimulating, Thai Massage can improve flexibility, reduce tension, stimulate internal organs, and balance the body's energy system. Students will learn how to work the front, back, and side positions. Prerequisites: None

AB70 Thai Massage II (100 hours)

Students will use more advanced techniques of Sen (energy line) Therapy for specific health concerns within Thai Massage. Students will open the joints and stretch the muscles to aid client flexibility and range of motion. Work is done on the tendons, ligaments, muscles, and nerves using the front, back, side, and sitting positions. Students will also make and use hot medicinal herbal packs for chronic pain, stiffness, skin problems, anxiety, and stress. Prerequisites: Thai Massage I, Anatomy, Physiology and Kinesiology I, TCM Theory & Application I, or CMT

AB20 Anatomy, Physiology and Kinesiology (50 hours)

This class is for students who must fulfill requirements beyond the standard 75 hours of Anatomy, Physiology and Kinesiology I.

This class will cover those muscles beyond the “prime movers” and will go more into the body systems, particularly the functions of the endocrine system. Prerequisites: Anatomy, Physiology and Kinesiology I

AB28 Chi Nei Tsang (Visceral Massage) (100 hours)

In Chinese "chi" (qi) means energy and "nei tsang" means internal organs. Chi Nei Tsang was originally developed by Chinese Taoist monks to strengthen their bodies to carry the energy required for their spiritual practices. Chi Nei Tsang practitioners work mainly on the abdomen with a deep yet soft, gentle touch to train internal organs to work more efficiently and to improve energy flow within the body. Practitioners may address many client health problems by assisting the organs in this way. Prerequisites: Massage Safety

AB14 Acupressure for Facial Beauty (25 hours)

Students will master specific acupressure points and techniques for facial rejuvenation. This “facelift” will help the client’s face look younger. We will sculpt the lines of the face, relieve tension, increase facial circulation, and firm muscles to promote firmer, smoother skin, reduce puffiness, and increase beauty. Some nutrition, stretches, and relaxation exercises will also be offered. Prerequisites: None

AB22 Aromatherapy for Health and Beauty (25 hours)

Aromatherapy is the ancient use of essential oils from certain plants and plant parts high in oils that contain specific chemical properties to help alleviate and heal topical skin problems, emotional imbalances, and certain health problems. Students will be able to identify single oils and their uses and then formulate some simple bath, beauty, and healing products for home use in class. Prerequisites: None

AB24 CPR & First Aid Certification (8 hours)

This course is for healthcare providers and others in jobs that require certification or re-certification in CPR (Cardiopulmonary Resuscitation) and community first aid. This course covers the initial assessment and protocol for dealing with subjects such as Rescue Breathing, cardiac arrest, and choking in adults, children, and infants, whether conscious or unconscious. Healthcare providers, coaches, teachers, daycare providers, and factory and construction workers who require a First Aid certificate or re-certification primarily use this. Prerequisites: None

AB26 Chair Shiatsu (25 hours)

Chair Shiatsu is a convenient, widely accepted form of bodywork done on the head, neck shoulders, arms, hands, back, and hips done over the client’s clothes. Originally performed with the client seated on a short stool, the ancient modality of “seated massage” is now offered to clients who sit on modern upholstered massage chairs. This makes it popular for on-site massage in public places and in the workplace, especially where there is no room for a massage table. Prerequisites: None

AB30 Chinese Food Therapy (Shi Liao) (25 hours)

The Chinese has used Shi Liao for over 3,000 years to help people prolong life and stay healthy by selecting specific foods and herbs for healthy balance. Students will be able to choose and prepare appropriate common foods cooked with special Chinese herbal combinations to help prevent and treat many medical complaints as well as to stay healthy during the changing seasons. Prerequisites: None

AB34 Cupping Treatment for Home Use (25 hours)

Cupping is practiced in many countries around the world. The ancient art of cupping uses cups or vessels applied to the skin to induce a vacuum to draw blood and lymph to the area. "Dry" cupping can be used for a variety of reasons, including the relief of cold and flu symptoms, relaxation, and pain relief. In this class, students will experience bamboo or glass “fire cups” and will be able to give a cupping treatment with plastic vacuum cups. This modality is for home use only. Prerequisite: None

AB40 Feng Shui (50 hours)

Now very popular in the West, Feng Shui, or Chinese Geomancy is also called the Art of Placement. Feng Shui translates as “Wind-Water”, referring to the use and placement of natural elements within the inside and outside environment to help facilitate optimum flow of beneficial qi. A room, house, office, or property that has been properly Feng Shui’d looks and feels good and can have a beneficial effect upon the occupants’ career, health, family, marriage, and much more. Prerequisites: None

AB42 Gua Sha (Skin Scraping De-Tox) (25 hours)

Using massage oil and a special tool, the principle of Gua Sha scrape therapy is to move, circulate, and release Qi and Blood. This releases toxins and the exterior Sha syndrome by moving and stimulating blood flow to help discharge the waste products, coldness, and negative energy through the skin. Students will be able to use Gua Sha to increase the circulation of Qi, blood, and fluids to revitalize the organs and relieve pain and muscle tightness on friends and family. Prerequisites: TCM Theory I

AB44 Head, Foot, & Hand Massage (50 hours)

In this course, students will assess and treat many conditions throughout the body and internal organs by manipulating the reflexology areas and acupoints on the hands, feet, and head. This class will teach a whole-body approach as well as specific points for common health complaints. Prerequisites: None

AB45 Healing Qigong (30 hours)

Qigong “energy skill” is one of TCM’s original healing modalities, about 5,000 years old, still practiced today as a way of building the Qi life force to achieve and maintain good health. Students will be able to understand and apply traditional Qigong theories and practice in relation to health, healing, and self-care. Students will be able to ground and center more effectively, establish strong boundaries, feel and consciously direct Qi, and use Qi and imagery to help others heal themselves. Students will practice a form of medical/spiritual Qigong, apply basic Qi self-massage, and will be able to teach movements to others. Prerequisites: None

AB46 Hot Stone Therapy (25 hours)

Using an East-West approach, students will use smooth hot stones as bodywork tools to melt tight muscles, release tension, and to balance the body energetically in this popular class. Prerequisite: None

AB49 Meridian Yoga (25 hours)

Open your energy meridians, acupoints, chakras, and joints with gentle stretching and breathing exercises designed to heal and rejuvenate the body. Awareness of posture, conscious breathing and awareness of postural holding patterns will allow students to feel, clean, gather, and build Qi and impart the skills necessary to teach these therapeutic exercise to clients. Prerequisites: None

AB54 Reading the Body (25 hours)

Fun, but amazingly accurate! Analyze your face, palms, and body, using non-invasive Traditional Chinese diagnostic techniques to determine health and personality. Prerequisites: None

AB56 Relaxation & Stress Relief (25 hours)

Most clients need bodywork for stress and overwork. In this class, students will learn invaluable tools for the prevention of fatigue, stiff muscles, anxiety, TMJ, and chronic pain. Through the use of relaxation techniques, imagery, breath work, Qigong movements, Yoga asanas, stretching, exercise, music, diet, nutrition, and massage, students will be able to gain the self-care skills necessary not only to teach to their clients, but to stay healthy and active themselves. Prerequisites: None

AB66 TCM/Western Nutrition (30 hours)

This class addresses both Traditional Chinese Medicine and Western approaches to the functions of diet, nutrition, herbs, and supplements in relation to health care. Students will learn various TCM dietary programs using the properties, channels, and functions of common food substances most appropriate for treating disorders and maintaining health. In the Western Nutrition segments, students will learn the roles of proteins, fats, carbohydrates, vitamins, and minerals found in foods as well as vitamin and mineral supplements available for health maintenance and therapeutic use. Prerequisites: None

AB72 Touch for Health Basic (25 hours)

The Touch for Health System is a practical modality of energy medicine that utilizes acupressure and massage to improve postural balance and reduce physical and mental pain and tension. Using muscle-testing, TCM theory, acupressure, gentle bodywork, and other techniques, students will be able to eliminate blockages, improve the posture, and strengthen weak muscles, organs, etc. by restoring energy flow to allow for natural healing. Prerequisites: Anatomy, Physiology and Kinesiology I

AB80 Tuina for Children (50 hours)

This Tuina class is geared to address concerns of child growth and development, ADD/ADH, learning disabilities, and childhood diseases. Students will know when to use special points, techniques, and corrective diet to address common childhood concerns and when to refer a client to a L.Ac., M.D., or specialist. Prerequisites: Tuina I, Anatomy, Physiology and Kinesiology I, TCM Theory & Application I, or CMT

AB82 Tuina for Healing (50 hours)

Students will develop intuitive skills and learn to sense, feel, and perhaps see the body’s energy field. This body approach for both the client and the practitioner assesses and treats many ailments of the mind, body, and spirit. Tuina for Healing works more with moving the qi with imagery, hand techniques, moxibustion, and cupping, to relieve many common ailments. Prerequisites: Tuina I, Anatomy, Physiology and Kinesiology I, TCM Theory & Application I, or CMT

AB84 Tuina for Structural Integration (Deep Tissue) (50 hours)

This style of Tuina is designed to reach the deep portions of thick muscles, specifically the individual muscle fibers. The practitioner uses the hands, fingers, thumbs, elbows, and forearms to apply deep muscle compression and friction along the

grain of the muscle to “unstuck” the muscle fibers and release toxins and deeply held patterns of tension. The posture is improved and clients feel more elongated, relaxed, and flexible. The use of medicinal oils is also covered. Prerequisites: Tuina I, Anatomy, Physiology and Kinesiology, I, TCM Theory & Application I, or CMT

Pursuant to California Business and Professions Code section 4611, It is an unfair business practice for a person to do any of the following:

- To hold himself or herself out or to use the title of “certified massage therapist” or “certified massage practitioner,” or any other term, such as “licensed,” “certified,” “CMT,” or “CMP,” in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the California Massage Therapy Council.
- To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified, or registered by a governmental agency as a massage therapist or massage practitioner.
- Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in California Business and Professions Code section 4600 et. seq.”
- For unanswered questions and for filing a complaint: “A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at One Capitol Mall, Suite 320, Sacramento, CA 95814, www.camtc.org, phone (916) 669- 5336, or fax (916) 669-5337.”

TCM Tuina Massage Therapy Faculty

Faculty Qualifications:

The quality of education at any institution depends on the dedication, working knowledge, experience and teaching ability of its faculty. The University of East-West Medicine carefully selects its faculty from the many experienced instructors. Our faculty members are genuinely dedicated to assisting students and imparting their knowledge and skills. They are hired for the extensive experience, knowledge of the profession, the degrees they hold such as bachelors, masters, doctorates and the licenses they hold to practice their profession.