

What is Chinese medicine?

- Acupuncture
- Herbal medicine
- Tuina (Therapeutic Massage)
- Dietary Therapy
- Qigong and Tai Chi (Therapeutic Exercise)



Professional Title: Licensed Acupuncturist (LAc)

In California, acupuncturists are considered Primary Care Physicians. This means that patients can come directly to see an acupuncturist for treatments and be covered by insurance. Acupuncturists are trained to work with eastern and western diagnostic tools, including laboratory testing (blood, urine, feces), sonograms, x-rays, MRIs; and are trained to perform physical exams, including neurological exams and orthopedic exams.

Common Conditions Treated:

- Acute and/or Chronic Pain (muscle, bone and nerve pain, headaches, menstrual pain)
- Psychological Conditions (anxiety, depression, anger, stress)
- Insomnia
- Obstetrics and Gynecology (prenatal and postnatal care, fertility, PMS, menstrual irregularities)
- Digestive Disorders (fatigue, IBS, Crohn's, constipation, diarrhea)
- Help Avoid Surgery and Recover from Surgery
- Stroke Recovery
- Relieve Side-Effects of Chemo

And many many more.....

